



PASTOR BOB
November 3rd, 2019



“DEMANDING or ADAPTABLE?”
Growing through Understanding
MARK 8:10-21

➤ **“Who Moved My Cheese?”** DR. SPENCER JOHNSON

1. **CHANGE HAPPENS** *If we do not change, we can become extinct.*
2. **ANTICIPATE CHANGE** *What would we do if we were not afraid?*
3. **MONITOR CHANGE** *Smell the cheese often, so you know when it is getting old.*
4. **ADAPT QUICKLY TO CHANGE** *The quicker we let go of old cheese, the sooner we'll find new cheese. Old belief does not lead us to new cheese.*
5. **CHANGE** *What we fear is rarely as bad as what we imagine.*
6. **ENJOY CHANGE** *Enjoy the taste of new cheese.*

“Life is a continuous process of getting used to things we hadn't expected.”

To Be Adaptable...

1. **STOP** _____, **START** _____ *vss. 10, 11a;* 2 TIMOTHY 2:24

*There are two sides to any argument,
and they're usually married to each other.*

To Be Adaptable...

2. **STOP** _____, **START** _____ *vss. 11b -21;*

Understanding = _____ the Dots... _____ of a Puzzle

- *Understanding Requires* _____ MATTHEW 13:13
- *Connecting Requires* _____ PROVERBS 4:5
- *Learning Requires* _____ PROVERBS 4:1
- *Listening Requires* _____ JAMES 1:19, 20

➤ *Estranged?*

LIFE GROUP STUDY NOTES
“DEMANDING or ADAPTABLE?”
Growing through Understanding

GETTING STARTED *“In your opinion...”*

1. Sunday’s sermon focused on asking if we are a demanding type of person or an adaptable type of person. Was there anything helpful or confusing about this message?
2. Have you known anyone who was demanding, rigid, or inflexible? How does that affect a relationship with them?
3. Have you known anyone who was adaptable or flexible? How does that affect a relationship with them?
4. What might be the causes within people who are demanding or rigid? By contrast, what might cause someone to be adaptable?
5. On a scale of 1 to 10, with *1 being demanding* and *10 being adaptable*, where would you LIKE to rate yourself? Explain.

GOING DEEPER *“According to the Bible...”*

Answer the following questions from what the Bible says in the suggested reading

- **What are the benefits of having “understanding”?**
 - Proverbs 2:11
 - Proverbs 3:13, 14
 - Proverbs 3:21, 22
 - Proverbs 15:21
 - Proverbs 24:3
- **How does one gain “understanding”?**
 - Proverbs 2:3-6
 - Proverbs 4:1, 7
 - Proverbs 9:10
 - Proverbs 10:23
 - Proverbs 15:32
- **How does one with “understanding” behave?**
 - Proverbs 11:12
 - Proverbs 14:29
 - Proverbs 15:21
 - Proverbs 17:27
 - Proverbs 18:2

LIVING OUT

- **What are you willing to do to gain understanding?**