



“FEELING LOST *or* LED?”

Sheep without a Shepherd

MARK 6:30-44

*“I think I’m lost. I really don’t know how to live the rest of my life.
I feel hopeless and depressed, with no goals or dreams.
What should I do?”*

- “Lost?” PROVERBS 14:22; PROVERBS 5:22, 23
- “Sheep without a Shepherd” NUMBERS 27:17; EZEKIEL 34:5

Sheep Benefit from...

1. THE SHEPHERD’S _____ vss. 12, 13, 30; ROMANS 8:28
 - God’s General Purpose: To _____ **Him** ACTS 17:36, 37
 - God’s Specific Purpose: To _____ **Him** ACTS 13:36; 1 PETER 4:10, 11

Sheep Benefit from...

2. THE SHEPHERD’S _____ vss. 31, 32; 2 CORINTHIANS 7:10
 - **Biblical** _____ **Ethic** GENESIS 2:15; 2 THESSALONIANS 3:10
 - **Biblical** _____ **Ethic** vss. 31, 32

Sheep Benefit from...

3. THE SHEPHERD’S _____ vss. 34-44; 2 CORINTHIANS 7:10
 - **He Provides** _____ **Needs** vs. 34; JAMES 1:5
 - **He Provides** _____ **Needs** vss. 35-44; JOHN 6:6

➤ PSALM 23

LIFE GROUP STUDY NOTES
“FEELING LOST or LED?”
Sheep without a Shepherd

GETTING STARTED *“In your opinion...”*

1. Sunday’s sermon focused on feeling *Lost* like a Sheep without a Shepherd, or *Led* as a Sheep following a Shepherd. Was there anything helpful, alarming, or questionable?
2. How would you describe feeling *“lost”* in life? Has following Jesus as the Good Shepherd helped you in any way? Explain.
3. Has following Jesus given you a specific and satisfying purpose in your life? Explain.
4. What makes us *work, work, work*, and feel ashamed or embarrassed if we *rest, rest, rest*, or are *“caught napping”*? Have you found a good rhythm for working and resting?

GOING DEEPER *“According to the Bible...”*

Answer the following questions from what the Bible says in the suggested reading

- **Read Matthew 11:28-30.** What kind of rest is Jesus offering here? Have you experienced this?
- **Read Psalm 46:10.** What makes being *“still”* so difficult? What does God want us to do while we are being *still*? How does this help when we are tempted to fret? How long might this take?
- **Read 1 Corinthians 13:4.** What is the first word used to describe love? If God is love, is He ever impatient or in a hurry? If patience is God’s pace, why do we get in a hurry?
- **Read Matthew 6:25, 26.** What does Jesus want us to stop doing while we work to provide for our physical needs? Do you think the need to depend on Him is greater than whatever physical need we worry about?
- **Read Philippians 4:11-13, 19.** What has Paul learned that helps in every circumstance whether rich or poor? From whom did He learn it? What is God’s promise (v. 19) that helps us learn this?

LIVING OUT

- What would improve in your life if you learned how to better follow Jesus as your Shepherd?