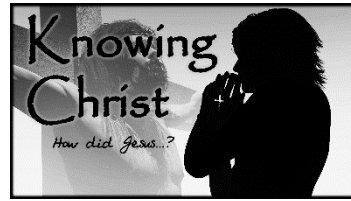




PASTOR BOB
October 1st, 2017



“PANIC or PEACE?”

JOHN 14:27

- *A Bad Day...*
- ANXIETY and PANIC ATTACKS

“Is it time to _____?”

- *Life is full of* _____ JOB 14:1
- LUKE 8:22-25

The Peace of Christ...

1. **REQUIRES MENTAL** _____ *in* **CHRIST**; JOHN 16:33; ROMANS 8:6

There is never a crisis in _____!

The Peace of Christ...

2. **REQUIRES EMOTIONAL** _____ *in* **CHRIST** ISAIAH 26:3

- **DO WE PANIC** *or* _____ PHILIPPIANS 4:6, 7
- **DO WE KEEP** *or* _____ 1 PETER 5:7

The Peace of Christ...

3. **REQUIRES BEHAVIORAL** _____ *to* **CHRIST** MATTHEW 7:22-27; JAMES 2:26;
HOSEA 8:7; LUKE 22:42

The Peace of Christ...

4. **REQUIRES PHYSICAL** _____ *in* **CHRIST** LUKE 8:23; ISAIAH 40:30, 31

When is it time to panic?

PSALM 91

LIFE GROUP STUDY NOTES
“PANIC or PEACE?”

GETTING STARTED

1. What insights or observations from this week’s message did you find helpful, eye-opening, or troubling? Explain.
2. Is the peace of Christ available to us 7/24? How?
3. What are barriers keep people from experiencing the peace of Christ in their everyday life?
4. Do you think it is possible to live free from worry and panic? Explain.

GOING DEEPER

Answer the following questions from what the Bible says in the suggested reading.

- **Read John 14:27. What do you think is the difference between the peace that Jesus gives and the peace the world gives?**
- **What has God said about issues that typically cause us to “panic”?**
 - **Finances – Matthew 6:25-34**
 - **Needs – Philippians 4:19**
 - **Our Past – Romans 8:28**
 - **Future – Philippians 1:6; Jeremiah 29:11**
 - **Fears – 1 John 4:18**
- **Read Romans 14:16, 17. What are the three characteristics (*vs. 17*) of someone who is a citizen of the kingdom of God?**
- **Read Colossians 3:15. The word “*rule*” literally means “*act as an umpire*”. What does it mean to let the peace of Christ act as an umpire in our heart? How important is the peace of Christ in our decision making?**

LIVING OUT

- **What is one area of your life that the Holy Spirit has challenged you through this study to personally grow? Are there any steps you can take to develop in this area?**